



**Christine Holton Cashen**  
A DYNAMIC SPEAKER

BIO

Fasten your seatbelt and enjoy the ride! **Christine Cashen delivers a fast-paced, hilarious program with useful content that makes her a sought after speaker worldwide.** For more than 15 years, she has jazzed an amazing variety of audiences throughout the United States, Canada, South Africa and Australia. **Christine is an authority on sparking innovative ideas, handling conflict, reducing stress and energizing employees.**

Before hitting the speaking scene, Christine was a university admissions officer, corporate trainer and broadcaster. Hey – she even votes. Christine holds a Bachelors Degree in Communication and a Masters Degree in Adult Education. **She is a member of the National Speakers Association and is a Certified Speaking Professional (CSP).**

In July of 2014, Christine was inducted into the **National Speakers Association, CPAE Speaker Hall of Fame®**, Admission into the CPAE Speaker Hall of Fame is a lifetime award for speaking excellence and professionalism. Inductees are evaluated by their peers through a rigorous and demanding process. Each candidate must excel in seven categories: material, style, experience, delivery, image, professionalism and communication.

What makes her unique is the “real” factor. Whether talking about her “hottie engineer” husband, her pet peeves or growing up in an Italian/Irish household, **audiences always relate to her experiences, struggles and lessons. She combines a down-to-earth attitude with a colorful artistic streak.** Comments such as “I feel like I’ve known her forever,” “we must take her back to our workplace” and “it felt as if Christine was speaking directly to me,” are a testament to her effectiveness and style.

**Christine is the author of [THE GOOD STUFF: Quips & Tips on Life, Love, Work and Happiness](#), which was named motivational book of the year by the Next Generation Indie Book Awards.** She has also been featured as a creativity expert in HOW Designs at Work magazine. Her learning resources also include: [Get What You Want With What You’ve Got DVD](#), [The Fun Factor DVD](#), [The Good Stuff CD Audio Book](#) and [Why Can’t Everybody Just Get Along CD](#).