



# The Healthy Humorist®

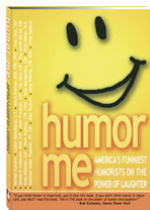
## Brad Nieder, M.D.

The Healthy Humorist®—Brad Nieder, M.D.—is a funny doctor, keynote speaker and clean comedian who blends healthcare humor with wellness advice and an uplifting message. Audiences love his “**Laughter is the Best Medicine**” program, finding it entertaining and inspiring (and informative, too, as Dr. Brad explains—without being boring—how laughter really is good medicine ... for managing pain, enhancing immune system function, reducing stress and more.)

Dr. Brad is unique. (After all, how many physicians do you know who can make you laugh?) He’s been described as Jerry Seinfeld or Ray Romano...with an “MD.” Always a fan of standup comedy and improvisation, Brad became a founding member of the SIMPS improv troupe while attending Stanford University. During medical school at the University of Colorado, he frequently performed standup comedy throughout Denver for both live audiences ... and cadavers. He then moved on to the Medical College of Virginia for his residency. He still traverses the country, but he once again lives in Denver, a general practitioner by training who some would say is really a specialist in Healthy Humor™. And while he has NOT been published in the New England Journal of Medicine, he has co-authored the book *Humor Me*, which features his popular poem of wellness advice. And he has a CD and DVD, too! And some pretty cool T-shirts!



**Brad Nieder, M.D**



Those hotshot academic physicians can’t say that! So inject a dose of Healthy Humor™ at your next event. You—and your attendees—will be feeling better in no time!

Some of the patients The Healthy Humorist® has left in stitches:

**Open up  
and say “Ha!”**

- Alzheimer’s Association
- American Health Care Association
- American Medical Association
- Centura Health
- Geisinger Health System
- Kaiser Permanente
- National Multiple Sclerosis Society
- Tyson Foods

*“Brad, you were such a HUGE hit! All of us in attendance thank you for your targeted presentation. Your program was excellent!...I hope to recommend and work with you again in the future. Thank you for the deep belly laughs that lead to good health--I thought you and your presentation were PERFECT!!”*

--Gail B. Stoops, Philips

*“A doctor-approved laugh session.”*

- “5280,” Denver’s Mile-High Magazine, “Top Doctors” Issue

*“Hats off to the Healthy Humorist® and his timely message about incorporating more laughter into our lives! From his opening line he had the audience laughing, and there was no lag time*

*during his entire 60-minute presentation. His delivery and comic timing were impeccable. His material is clever, clean, and insightful. If it were up to me, Dr. Nieder would be my choice for a keynote every year.”*

- Melanie Mestas  
American Academy of Professional Coders