

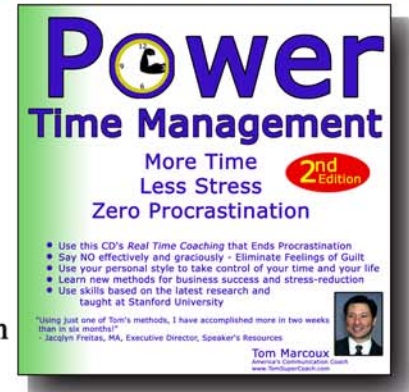
# Power Time Management: More Time, Less Stress and Zero Procrastination™

Based on Tom's Audiobook



## Your Audience Will Learn:

- Use 7 Methods to End Procrastination
- Say "No" effectively and graciously
- Eliminate Pain and Guilt
- Use your personal style to take control of your time and your life
- Improve your time management system
- Learn new methods for business success and stress-reduction
- Learn and practice skills based on new research
- Use skills Tom taught at Stanford University



## Audience Members Gain Value:

- "Tom's presentation was an exciting part of our Success Now Conference. Tom's presentation and strategies change lives. We at Success Builders International awarded Tom *Best of the Best - Speaker of the Year*." - Doug Jones, CEO, Mortgage Magic, Conference Chair
- "Tom's Leverage Triangle enabled me to more effectively achieve my goals. Tom is a Master Presenter. He asks for the audience's concerns, and then uses them as a bridge. That makes us receptive. That is insightful, and that takes skill." - Carlos Figueroa, Santa Clara Hispanic Chamber of Commerce
- "Using just one of Tom's methods helped me get more done in 2 weeks than 6 months." Jacqlyn Freitas, Speakers Resources
- "I found very useful Tom's concept of *Time Leverage*: the establishment of the framework to remain stretched." - Donie Suzanne Mason
- "Tom has a presence that is felt when he enters a room. His presentation to our Rhino Business Group hit all the key points: leveraging time, goal setting, serving others etc." - J. Sergeant Fox
- "Tom's presentation was great for our Rhino Business members! We learned so much to improve our time management skills, increase our productivity, and improve our sales skills." - Jinsoo Terry, President
- "Tom's best idea to me was his ways to Say No graciously and effectively." - Therese Fenzl
- "Tom is a wonderful speaker, and I know our dynamic group of women really enjoyed his presentation. The group interaction and insights for individual challenges were excellent." - Marcie Hunt, author

## Tom Marcoux, America's Communication Coach

Tom Marcoux, America's Communication Coach, is an award-winning speaker, featured in technology/communication magazines. He is the author of ten books, and Tom is called "The Personal Branding Instructor" by *The San Francisco Examiner*. Tom is a personal/professional coach, sales coach, faculty lecturer (Academy of Art University, Cogswell Polytechnical College); guest lecturer (Stanford University, DeAnza College); on-line class author/instructor; corporate workshop/seminar leader (to professionals from IBM, Lucent Technologies, Wells Fargo); and guest expert on TV/radio venues. For six years in a row, Tom addresses the National Association of Broadcasters Conference, Las Vegas. Tom is the author of *Communicate to Win*, a required textbook at Cogswell Polytechnical College. Tom earned a degree in psychology and television production. He won a special award at the Emmy Awards and has a feature film that went to the Cannes Film Festival. Tom is CEO of TomMarcoux.com, Inc., and his team prepares the science fiction trilogy of motion pictures *TIMEPULSE*.

