

Learning Outcomes

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- How to create a compelling **vision**, one that entices you to endure all hardships.
 - See complete success in your mind's eye
 - Do it so frequently your mind can no longer tell the difference between your vision, and what's real, so it becomes your reality!
- How to transform your **mindset** so you see adversity as an opportunity to play up to new possibilities.
 - Take accountability
 - Focus on the things you can control
 - Spend more time outside your comfort zone
 - Be proactive and patient
- How to **grit it out** and get back up once you've been knocked down by change, uncertainty or fear (especially applicable to those who experience acquisitions, mergers or takeovers).
 - Push forward with determination and perseverance
 - Do not give up too soon