



# Training and Learning



EXCITING THINGS HAPPEN WHEN YOU  
FULLY ENGAGE THE NERVOUS SYSTEM

# Explosive Minds!

**Explosive Minds!** is a dynamic combination of interactive improvised comedy, entertainment and training

– **with a difference!**

As Australia's foremost experts at engaging the nervous system of any audience, their corporate performances and training are tailored to fit your event every time.

Explosive Minds! has two dynamic learning products that are the PERFECT blend of team building and outstanding communication skills.

## Explosive Minds! Impro Games Workshop 'Thank God We're Here'

The Impro Games – 'Thank God We're Here' – consists of the **Explosive Minds!** team running **active, high energy and fun** workshops. The team focuses on the skills of improvisation which reinforce the power of **listening**, accepting each others **ideas** and that a group of committed individuals working as a **team** toward the same goals is more powerful than one mind alone.

Culminating with a performance by our team and the delegates themselves demonstrating the skills of listening, team work and communication as well as sketches based on the popular **"Thank God You're Here"** TV series, this hilarious workshop will leave them in stitches while having learnt valuable skills to implement in the workplace.

Our performers include regular "Thank God You're Here" cast members who are able to talk their way out of any situation!

Here's what people are saying about **Explosive Minds!** -

*"Explosive Minds! makes communication come alive as they take you on a funfilled unpredictable journey through the unknown"*  
- Leonie Stanfield (Group Training Australia)

*"They were simply fantastic! They are outstanding in their field!"*  
-Carole Gregson (National Employment Services)



## Explosive Minds! Laughter Academy

The ULTIMATE Communication/ Team Building/ Values Reinforcement Workshop!

Through the power and learning of Improvised Comedy, Explosive Minds! are rolling out their most comprehensive learning program to date - THE LAUGHTER ACADEMY!

Fully tailored to your company's values and needs The Laughter Academy is a powerful communication program teaching all participants the highly useful vocabulary of improvisation.

The Laughter Academy is perfect for when your entire team must speak the same language, share the same vision, and head towards a common goal.

Over a period of time Explosive Minds! works with all members of your team in small break-out groups, culminating in a grand finale where all members of your team meet and perform together, make each other laugh and celebrate the learnings they have achieved throughout.

Here's what people are saying about **Explosive Minds!** - Laughter Academy

*"Everyone who attended had heaps of fun and I really feel that the workshops have helped us to bring to life the values in an energetic, creative and fun-filled way. The EM team clearly understood the meaning of these values and wove the improvisation techniques very effectively into the culture that we are developing within the company."* Neil Sprackling | Director | Client Markets Swiss Reinsurance Company|





## Explosive Minds! Laughter Academy Outcomes

Program Component	Objectives	Outcomes
Team Warm Up	<ul style="list-style-type: none"> <li>* Ignite participants in a high energy warm-up</li> <li>* Engage the nervous system</li> <li>* Release endorphins</li> </ul>	<ul style="list-style-type: none"> <li>* Be in the moment</li> <li>* The power of positive eye contact</li> <li>* LAUGH, loosen up and have fun!</li> </ul>
Powerful Presence	<ul style="list-style-type: none"> <li>* Step into the role of a performer</li> </ul>	<ul style="list-style-type: none"> <li>* Capture, captivate, and hold your audience!</li> <li>* Energetic communication</li> </ul>
Physical Communication	<ul style="list-style-type: none"> <li>* Respond to ideas physically and instinctively</li> <li>* Share leadership to achieve an objective</li> </ul>	<ul style="list-style-type: none"> <li>* Quick decision making</li> <li>* Unlock creativity</li> <li>* Dynamic teamwork</li> <li>* Body language</li> <li>* Build fast and strong rapport</li> </ul>
Verbal Communication	<ul style="list-style-type: none"> <li>* Respond to change instantly and positively</li> <li>* Create trust within the team</li> <li>* Build upon the ideas of others</li> </ul>	<ul style="list-style-type: none"> <li>* Individual accountability for team success</li> <li>* One person alone cannot achieve as much as a group of committed, positive individuals working toward the same goal</li> </ul>
Using and understanding Explosive Minds Improvisation Vocabulary	<ul style="list-style-type: none"> <li>* Offers – Making, Accepting and Over Accepting</li> <li>* The power of ‘Yes And’</li> <li>* Blocking and why you MUST NOT!</li> <li>* Yielding; wimping; split focus</li> <li>* Timing</li> </ul>	<ul style="list-style-type: none"> <li>* Heightened listening skills</li> <li>* A new team vocabulary geared for success</li> <li>* Build a culture of positive communication</li> </ul>
“ I am officially hilarious”	<ul style="list-style-type: none"> <li>* Culmination of all of Explosive Minds’ Improvisation skills in a hilarious presentation</li> </ul>	<ul style="list-style-type: none"> <li>* Increased confidence in presenting ideas</li> <li>* Learn to trust and follow through with your instincts</li> <li>* Team bonding through laughter and fun!</li> </ul>