



410 Broadway Avenue East, #373

Seattle, WA 98102

www.wstra.org

Ms. Kate Adamson
409 N. Pacific Coast Highway
PMB # 415
Redondo Beach, CA 90277

Testimonial for Kate Adamson

"Kate is a very powerful speaker. She gave wonderful insight into what Recreation Therapy is like from a patient's point of view." and "It was awesome to get to hear Kate speak. She is an inspiration to staff, patients and families alike." reflects the feelings of many of our conference attendees of the Washington State Therapeutic Recreation Association (WSTRA).

We were delighted to have Kate join us in Spokane, WA as our Annual Conference Key Note speaker. She set the tone for this 3 day event. She has the ability to put life into perspective, while adding delightful humor. Her points are clear and make a lasting impression. Kate's ability to bring her story in her own unique way will always be a part of everyone who attended. We were privileged to have Kate with us. Kate's journey with her stroke through her book: *Paralyzed but not Powerless* is an opportunity to share her recovery with the patients with whom we work. The rippling effect from her presentation and then through her book will go on and on and on.

Thank you Kate. You were inspirational.

Sincerely,

Barbara Bond-Howard, MA,CTRS/R
President, WSTRA 2009-2010