

"You hit a home run for us."
Independent Bankers of Texas

"What a delight..."
Re/Max

"Not only were you a *brehtaking* speaker for us but you also demonstrated your warmth and generosity as a person."
Employee Relocation Council

"By far the most effective speaker we've ever had."
Society of Government Meeting Professionals

"I was thoroughly enlightened and entertained by your presentation."
United Defense, FMC

"You were a real life saver..."
Unocal Corporation

"...you made a strong connection with the audience."
NationsBank

"You come across as fully knowledgeable on your chosen topic with a great sense of humor and relaxed confidence..."
U.S. Automobile Association

"Your presentation was marvelous and so appropriate..."
Missouri Heart Institute

"...you're really quite entertaining and inspiring."
America Online

"Thanks for the inspiration!"
United States Air Force

"Your presentation was very entertaining, humorous, and full of valuable information. I would recommend your presentation to everyone."
American Express

"Your message was very timely and very effective."
Farmers Insurance Group

"Your involvement of the audience with your presentation was most enjoyable..."
KPMG Peat Marwick

"Everyone here is raving about your presentation last month. I heartily recommend you as a speaker for any group or organization. Whether they're looking for increased productivity, efficiency, or peace of mind, they'll find it in your talk."
Hugh Broadcast Partners

Jeff Davidson *Informs* ♦ *Entertains* ♦ *Inspires*

Jeff Davidson is the work/life balance expert for our time-pressed generation. Hailed as a "dynamo" by *The Washington Post*, Jeff is a leading resource on helping people to better work and live at a comfortable pace in the midst of unrelenting change.

Jeff can move an audience like few others. He combines outstanding content with humor, flair, and inspiration to help listeners manage information overload, while achieving work/life balance. With his dynamic keynotes and breakout presentations, Jeff supercharges his audiences to take action.

Jeff is featured or quoted often in the *Washington Post*, *Christian Science Monitor*, *New York Times*, *Los Angeles Times*, *USA Today*, and on 100s of talk shows. Some 1.45 million people have found Jeff's award-winning books, audio-books,



as well as his presentations, and executive seminars to be enlightening, entertaining, and transformational. In all, his books have been selected by book clubs *31 times*.

His ground-breaking book, *Breathing Space*, reveals how to avoid racing the clock and to stay balanced while gaining more control over each day.

Jeff's book, *The Joy of Simple Living*, with a foreword by Mark Victor Hansen of *Chicken Soup for the Soul*, is the definitive work on simpler living, offering 1,800 tips for every aspect of life!

Jeff Davidson, MBA, CMC, has delivered 765 presentations to corporations and associations, both large and small, on three continents. *Vital Speeches* published six of his speeches alongside those by the Dalai Lama, Jimmy Carter, George H.W. Bush, and Lee Iacocca. Jeff has appeared on magazine covers along with Wayne Dyer, Tony Robbins, and other luminaries. His tailored approach and entertaining style consistently earn him rave reviews and return engagements.

Topic Summaries

Managing the Pace with Grace®

Jeff's most compelling topic. It offers breakthrough perspectives on space, time, and stress management techniques that anyone can master. A solid opening, luncheon, or closing keynote speech. Audiences have called this presentation "life-changing."

Managing Information and Communication Overload™

Too much paper, too much reading, too many web sites -- do these diminish your effectiveness? Jeff reveals the nuts and bolts of using information for maximum gain and offers essential "how-to" tools for continual improvements.

Getting Things Done

Jeff presents innovative ways to manage priorities including using "hand tools, power tools, and cerebral tools"; implementing multiple-priority grids; conditioning your environment; and using multiple stations for high productivity and notable results.

Prospering in a World of Rapid Change™

It's understandable to be confused these days! In this riveting presentation, Jeff presents high probability scenarios for the near future and outlines specific steps you can take to achieve, maintain, and enhance a leadership position.

"You were the hit of our sales meeting in Orlando."
Gilbarco

"Your session was the highlight of the convention as far as I'm concerned."
Coldwell Banker

"You have changed my life forever."
Houston Chamber of Commerce

"Your presentation was very effective."
Countrymark

"...extremely informative and applicable to our day-to-day needs."
Subsurface Technology, Inc.

"Thought provoking."
Mayo Clinic

"...a superb talk which has already made a positive difference!"
Naval School of Health Sciences

"Your approach to *Breathing Space* was refreshing..."
Dollar Rent-a-Car

"Thanks for the insight and ideas."
Union Carbide

"You are a rich resource and your insights are invaluable. You will always be on my recommend list of speakers."
IBM

"Thank you for a thorough and thoroughly entertaining presentation."
Volvo

"Your approach was very well suited to our young participants."
Proserv

"Your presentation was outstanding."
Paine Webber

"You had tremendous interaction with the audience."
Intel

"Thanks for a great talk."
Philips Petroleum

"I would definitely like to hear your presentation (and/or a longer version) again."
Burroughs Wellcome

"...enjoyable and enlightening."
U.S. West

"Our audience got exactly what they were looking for and a little bit more—the hallmark of a true professional!"
Westcott Communications

Outstanding Content, Consistent Results

"My passion is helping people to manage information and communication overload, master technology and change-related anxiety, and accomplish more with less effort."

Jeff Davidson



The best presentations occur when the meeting professional, sponsoring organization, audience, and speaker all win! From the first minute, Jeff Davidson delivers electrifying, interactive keynote presentations geared to meet the needs of each audience. Find out why meeting professionals say...

*"You were a pleasure to work with."
"We'll have you back."*

Outstanding Achievements/Recognition

- Certified Management Consultant (CMC) awarded by the Institute of Management Consultants.
- Project Manager for restructuring the Innovation Center at M.I.T. in Cambridge, MA.
- Shared billing with Dr. Tony Alessandra, Dr. Wayne Dyer, Knight Kiplinger, and Tony Robbins.
- Books translated into Arabic, Chinese, Czech, Dutch, Finnish, French, German, Hebrew, Indonesian, Italian, Japanese, Korean, Malay, Polish, Portuguese, Russian, Spanish, Thai, and Turkish.
- Featured in 70 of the 75 top circulation American newspapers; also *American Way*, *Boardroom Reports*, *Computer News*, *Entrepreneur*, *Family Circle*, *Leaders*, *McCall's*, *Men's Health*, *Meeting News*, *Nation's Business*, *Toastmaster*, *USAirways*, *Sales & Marketing Management*, *Redbook*, *Selling Power*, *Health Magazine*, *Successful Meetings*, and *Investor's Business Daily*.

Outstanding Learning Resources

Books

- Breathing Space* (MasterMedia)
- The Joy of Simple Living* (Rodale)
- 60-Second Procrastinator* (Adams Media)
- 60-Second Organizer* (Adams Media)
- Complete Idiot's Guide to Managing Your Time* (Alpha/Penguin)
- Complete Idiot's Guide to Managing Your Stress* (Alpha/Penguin)
- Complete Idiot's Guide to Getting Things Done* (Alpha/Penguin)
- Complete Guide to Public Speaking* (John Wiley)

DVDs, CDs, Audiobooks

- Relaxing at High Speed* (ACHE)
- The Power of Simplicity* (Career Track)
- Get a Life!* (Domain Audio)
- Managing Information Overload* (BSI)
- Creating More Time and Space* (Apex Systems)
- 60-Second Procrastinator* (Oasis Audio Books)

