

KEYNOTE

The 7 1/2 Habits of Highly Humorous People.

Give your sense of humor and your health a boost with this light hearted & informative keynote.

Keynote Objectives:

Learn humor habits that will decrease your stress & improve your sense of humor.

Gain the ability to handle more stress, decrease conflict and improve professional and personal relationships.

Improve your health by improving your sense of humor.

“The 7 1/2 Habits of Highly Humorous People.” is David’s newest keynote and the title of his latest award winning book.

Media Quotes

“David finds that humour helps him deal with his pain, and is a professional speaker on humour and health.”
London News United Kingdom

“We searched worldwide for examples of people who have used humor to transform their lives. We found David.”
Korean Broadcasting System

“David Jacobson won’t let arthritis defeat his body or his spirit.”
Your Health Magazine

“Would someone like David Jacobson ever say I just can’t do it?”
Arthritis Today Magazine

“Arthritis has altered David Jacobson’s lifestyle, not his enthusiasm.”
Arizona Daily Star

In addition to Stress management, David also specializes in Creativity.

BIO: Diagnosed with a severe form of arthritis at age 22, David attributes conquering his illness and going from barely being able to walk to accomplishing a 50 mile unicycle ride to his humor and positive lifestyle. Mr. Jacobson has a diverse background as a master’s level social worker, former athlete, top sales director and trainer, and former college of medicine and graduate school Instructor.

Accomplishments

- Life Time Achievement Award
- National Hero Overcoming Arthritis: Awarded by the Arthritis Foundation
- Jim Elliot Award for unicycling 50 miles

- Wayne Washburn Memorial Award for inspiration
- President’s Eagle Award for sales training: Flashnet Marketing, Inc.
- “Joy Mask” presented by the Korean Broadcasting System in honor of work with them.
- Muse of Fire Poetry Award

Testimonials

“Thank you for your vital contribution to our medical students.”
Paul G. University of Arizona College of Medicine

“The Annual School Health Nursing Seminar was a great success, thanks to YOU!”
Diane F. Conference Manager

“Your presentation received the highest ratings!”
Sunny C. Conference Committee Chair

“We thoroughly enjoyed your presentation.”
Susan L. Arkansas Dept. of Health

Your REACH for humor workshop was fantastic!”
Eunice P. City of San Jose, CA



David is also a featured author in “Conversations On Health & Wellness” along with Dr. John Gray. (Mars & Venus series).

Featuring



DR. JOHN GRAY
Best Selling Author of
Men Are From Mars,
Women Are From Venus



DAVID M.
JACOBSON, MSW
Speaker, Author, & Expert
In Humor And Health



DR. EARL MINDELL
Best Selling Author of
The Vitamin Bible



DR. NORMAN
ROSENTHAL
Author of Winter Blues:
Seasonal Affective Disorder

David M. Jacobson, MSW, LCSW

10 year professional member

