



HANGING ON BY OUR FINGERNAILS!

Presented By:

TERESA ALLEN

Is your life spinning out of control? Of course it is... you are a **WOMAN!**
Join fellow crazed female Teresa Allen as she takes on a rollercoaster ride of fun and high emotion while embracing the sometimes zany, always touching life of a woman.

The program opens with a hilarious take-off on comedian Jeff Foxworthy as the female audience prompts Teresa saying: *"You might be Hanging On By Your Fingernails IF..."* Teresa then fills in the blanks... *...Your idea of a sexy car is a minivan with a flip down television screen! Your son tells you that you look much older than the picture on the mantel! ...* A master storyteller, Teresa then engages your group with true stories of the challenges we face as we try to balance the role of wife, mother, daughter, sister, friend, and YES sometimes in our spare time...employee! Filled with hilarity, Teresa's program takes a serious and touching turn when she recounts a point in her life when ambition got in the way of common sense life balance. She also reminds us in a meaningful way of how lucky we are to be an American woman, even in a Hanging On By Your Fingernails life. Whether in laughter or tears, your participants will enjoy every moment of this lively and inspirational message!

"Not only was the topic timely, lively, and entertaining, but the audience could relate to Everything you said. We received many rave reviews!"

ABOUT TERESA...AND DOES SHE LEAD A 'HOBFF' LIFE?!

Yes, Teresa does lead a Hanging On By Your Fingernails life! She is owner of a national training and consulting firm, author of two books, a highly requested speaker, an actress in several motion pictures, mother of two college bound daughters and her 'devil dog' rat terrier, daughter of a mom with Alzheimers, and wife of a wonderful husband of 28 years who takes out the garbage on command! A native of Chicago, Illinois, Teresa now calls Shreveport, Louisiana home where she is a past queen of Mardi Gras!

To book Teresa for your event, please contact the person who gave you this flyer!