

# Testimonials

"Dr. Teena Cahill is a dynamo! She is an experienced, high energy motivational speaker offering life enhancing insight applicable to both personal and professional life."

—Evelyn N. Drake, Ph.D., Senior Research Associate, ExxonMobil

"I confidently and enthusiastically recommend Dr. Teena Cahill for any type of corporate conference. Merrill Lynch has invited Teena back three times to speak to various groups within our organization. Teena is high energy and humorous, easy to work with, is the "real deal", has a great deal of depth and can handle any situation. Our audiences have found her charismatic and compelling, educational and informative. She used amazing personal stories combined with the latest research and presented customized presentations that truly resonated with our attendees."

—Mimi Warbourton, Co-Leader, Princeton Merrill Lynch Women's Professional Network

"Dr. Cahill's sharp, direct and yet humorous message was full of business and leadership building information. But most importantly, her address was tailored to our businesses. I was able to implement the strategies and leave the event with concrete applications."

—Sasha M. Rash, PBA Salon/Spa Section Leadership Council President, Professional Beauty Association

"All conference participants were captivated by your presentation on how we can use our inner strengths to build lasting leadership skills and develop strategies to cultivate success at work and home. Even the shyest audience member was drawn out of their seat and into the conversation. The audience, made up of people from all walks of life and different sectors of the labor movement, all had one question in common: When can you come back again?"

—Laurel Brennan, Secretary-Treasurer, New Jersey State AFL-CIO

"In a world with too few landmarks to guide us toward realizing success in our personal and work lives, your concept of laughter as part of self care and resilience will serve as a directional market, to help us along our lifelong journey."

—Bernice Cassady, Chair, Canada's Association for the Fifty-Plus

"Your presentation was a stellar performance! Your enthusiasm, humor, knowledge and understanding of the tools needed to thrive and live in today's world are both enlightening and very realistic. It is obvious that you took the time to learn about our organizations mission and the community of volunteers and supporters we interact with on a daily basis. "

—Craig E. Lafferty, President and CEO, United Way of Greater Mercer County

"It has been one of my proudest moments to have Dr. Teena Cahill speak at my conference. Each year we attempt to find the best and that is exactly what Teena delivers. With a humorous look at life, a distinctly unique approach to women's issues and a strong, research-oriented array of teachings, Teena is a tremendous asset to our events and one person we love to rebook."

—Jill Kohler, Founder, Kohler Academy, President, The Milestones Group

"I would highly recommend Dr. Teena Cahill for future presentations. We were honored to have her speak. She easily connects with the audience with her positive and energetic style. Her book, "The Cahill Factor: Turning Adversity into Advantage" is a "must read" for all who have suffered a life changing event."

—Sally Oiler, LSW, Medical Social Worker, OhioHealth

"Dr. Cahill's presentation was inspirational, motivating and very energizing. Staff comments included "excellent", "amazing" and "dynamic". I would recommend Dr. Cahill to any organization who may be looking for an inspirational speaker."

—Mary A. Nucci, Rehabilitation Specialist, California Dept. of Rehabilitation

"Dr. Cahill did an outstanding job and attendees appreciated her wisdom, expertise and wonderful sense of humor. We can't say enough about Dr. Cahill's professionalism, flexibility, enthusiasm

and knowledge on the subjects of care giving and nurturing.”

—Richard D. Busto, President, Autism Project of Palm Beach County

“Dr. Cahill impressed us with her delivery of relevant content in an eloquent and energetic fashion. Dr. Cahill clearly understands the inner workings of the workplace. She also has an acute knowledge of the need for “balance” in our personal and professional lives.”

—Yvonne Change, Ph.D., Director, Community Education,  
Mercer County Community College

“I definitely recommend Dr. Teena Cahill as a vibrant, valuable speaker. Her insights, humor and relevance tap with meaning into the lives of women and men. Teena Cahill is a winner – both personally and professionally.”

—Amanda Batson, Ph.D., Chief Executive Officer, ADB Partners