



Dr. Teena Cahill, known for both her wit and wisdom, is an internationally acclaimed speaker and educator who this year is speaking to thousands of people on three continents. She is the author of the popular book, "The Cahill Factor: Turning Adversity into Advantage" and holds a Doctorate in Psychology, Masters in Counseling, Bachelors in Education and is the Director of Wisdom and Beyond, LLC.

Teena is the host of "Nurturing the Nurturers," an international webcast radio show for those caught in the "sandwiched generation", that launches in May (www.webtalkradio.net), the new guide for the popular web site...CaringRoad.com, and the host of the New Jersey television show, Wisdom and Beyond...which features lively discussions about leadership and life.

She is also a wife, mother, step-mother, care-giver, and grandmother of nine. She lives in an extended family setting with her daughter, son-in-law, their three kids, and her husband- a former Marine Corps fighter pilot and international airline captain, who is now disabled. While her credentials are sound, the fact is that Teena believes that real life living is just as important as textbook learning. She is also a big believer in the positive power of mistakes. Mostly, however, Teena likes to laugh.....and she wants today to be a lot of fun.

Join me in welcoming Dr. Teena Cahill.